

# EAST LAMBTON MINOR HOCKEY ASSOCIATION

## MINUTES

Watford Arena

September 12, 2017 8:00pm

### 1.0 Call to Order

All present (14) Dan Davidson, Sue Thorne, Paul Moffatt, Adam MacKellar, Brad Rombouts, Brad MacKenzie, Brad Smith, Marty Swan, Dereck Holmes, Brian Thorne, Brian Jubenville, Julie Hayter, Paula Bates, Travis Duncan

### 2.0 Approval of Agenda

Motion to accept #1 Adam MacKellar #2 Paul Moffatt All in favour.

### 3.0 Minutes of Previous Meeting August 14, 2017

Motion to accept #1 Brian Jubenville #2 Brad Rombouts All in favour.

### 4.0 Business arising from the minutes

4.1 Decision to meet with the Attack to finalize everything. The closing agreement will be reviewed.

4.2 Attack would like a rough estimate of what 20% of the goalie clinic would be if they participate.

Factoring in ice time and teacher fee, for the entire season would be about \$1000

4.3 Further discussion about the possibility of having an AE team for the PeeWees. Time is limited. It was discussed and decided on last meeting. A motion was made to turn down the possibility and revisit for next season in good time - possibly at the July meeting. #1 Travis Duncan #2 Brad MacKenzie All in favour.

### 5.0 Correspondence

### 6.0 Treasurer's Report

- Attachment #1. Motion to accept #1 Marty Swan #2 Dereck Holmes. All in favour.

### 7.0 League Reports

7.1 OMHA Reports. Attachment #2 from Adam MacKellar

7.2 Shamrock League. Attachment #3 from Adam MacKellar

7.3 Lambton Middlesex: a scheduler was not hired this year, will revisit next year.

Port Stanley will not have a Midget Rep team. Fee of \$70/team.

### 8.0 New Business

#### 8.1 Sponsorship - Brad Rombouts

Jeff Shea from SheaAg is willing to donate \$4000 towards something for ELMHA, not jerseys. Possibly new sweater bags or Trainers Bags for all teams. Brad will bring suggestions to Jeff and go from there. Brad also inquired if we are interested in approaching Tim Hortons in Watford for some sort of sponsorship. All agreed to at the very least look into what that would look like.

#### 8.2 Mental Health & Minor Hockey - Marty

Marty is looking for someone to take over the contact role for the Mental Health & Minor Hockey. He's finding it difficult to make any meetings.

Attachment #4

8.3 Executive and Staff Contact Information - contact information for all executive members updates for the website.

1. Coaches and Team Manager Website Permissions

Contact Dan Davidson with any changes to ice times (practices, exhibition games, tournaments). He will update website

Coaches can add their Roster, but only use first names; Coaches can also add news items/ team info

A Coach Cheat Sheet will be given to coaches with basics on things they would need to know.

8.4 Trainers - Brad Smith completed the online course, now required for all trainers to complete. It is encouraged for all bench staff and even families to complete, especially now that its still free. A link will be given to all the executive and all trainers/bench staff.

- Trainer bags are all stocked, except for two that were not returned from last season - Brad will be in touch with them.
- Brad has put together a Trainer reference sheet which will be posted on the website for easy access.
- Attachment #5 Attachment #6

8.5 All registered players PeeWee to Midget have completed their Baseline testing, except one late registrant. Paula will email.

8.6 Silverstick - Travis requested that links be put on our ELMHA website for the tournaments held at our arenas: ie: Watford SilverStick, Alvinston SilverStick, Mighty Mite Day. Parkhill is hosting a Local League SilverStick in November. It is understood that coaches are not selected yet for these teams, we will ask them to hold a spot for 2 PeeWee and 2 Atom LL teams.

8.7 Team Numbers:

- PreNovice: 44 registered.
- Novice: 50 registered = 3 LL teams (12 skaters +1 goalie each) + 1 Rep (10 skaters + 1 goalie)
- Atom: 30 registered = 3 teams of 9 and a goalie\*\*
- PeeWee: 37 registered = 1 rep team (10 skaters + 1 goalie) + 2 LL (11/12 skaters + 1 goalie each)
- Bantam: 22 registered = 1 rep (10 skaters + 1 goalie) + 1 LL team (12 skaters + 1 goalie)
  - Dilemma with needing another goalie: option to recruit or apply for goalie relief
- Midget: 30 registered = 1 rep + 1 LL (each with 13 skaters + 2 goalies)

\*\* a motion was made to have 3 small Atom teams of 9 and to recruit another goalie for Atom - ELMHA will offer to purchase equipment that the goalie may borrow if needed. This equipment will remain the property of ELMHA. #1Travis Duncan #2 Brad MacKenzie. Brian Jubenville and Dan Davidson abstained from voting. All else in favour.

8.8 Local League Coaches

- Steve Minten has agreed to run the next practice with all the Novice local league players
- Brad Rombouts has agreed to run the next practice with all the Atom local league players
- Mike Duffy has agreed to run the next practice with all the PeeWee local league players

8.9 ELMHA Roo

Paula, Adam, Paul and Brian Jubenville have put together documents for Executive to review and discuss at the next meeting; Progressive Discipline and Chronic Behaviour.

8.91 Review of Dan's ice Schedule so far

8.92 TPH: It has been decided to schedule two hours of TPH every other week. It will begin October 15. The Bantams will do a checking clinic during the first few weeks.

9.0 Next Meeting: Scheduled for October 10 in Alvinston 8:00pm

10.0 Adjournment: 10:23pm

# EAST LAMBTON MINOR HOCKEY ASSOCIATION

## Balance Sheet

As of September 10, 2017

	Sep 10, 17
<b>ASSETS</b>	
Current Assets	
Chequing/Savings	
Chequing - General Account	246,311.68
Total Chequing/Savings	246,311.68
Total Current Assets	246,311.68
Other Assets	
BMO 1 year GIC (\$20K)	20,000.00
Computer Software	
Acc - Amort - Computer Software	-23.00
Computer Software - Other	-1.00
Total Computer Software	-24.00
Sweaters -	
Acc - Amort - Sweaters	-29,859.37
Sweaters - - Other	29,859.37
Total Sweaters -	0.00
Computer	3,122.85
Acc - Amort - Computer	-2,454.00
Total Other Assets	20,644.85
<b>TOTAL ASSETS</b>	<b>266,956.53</b>
<b>LIABILITIES &amp; EQUITY</b>	
Liabilities	
Current Liabilities	
Other Current Liabilities	
Loan to Lambton Attack	-9,000.00
Total Other Current Liabilities	-9,000.00
Total Current Liabilities	-9,000.00
Total Liabilities	-9,000.00
Equity	
Retained Earnings	168,593.68
Net Income	107,362.85
Total Equity	275,956.53
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>266,956.53</b>

## Attachment#2

Meeting @ Mt Brydges Aug 21 2017

### OMHA

- Gender Equality Course is now up and running online.
- We will post on our website and send to coaches how to access.
- This is for all Rosters
- IP program – How to Implement bulletin attached from OMHA  
For 6 and under.
- Juvenile cutoff is end of September.
- Debbie Munn is our convenor for rosters.
- Dean will get all game sheets same as last year.

### Shamrock

- Alliance interlock games are cancelled. Because of gate fees.
- 18-19 season, pilot project of potential juvenile LL program. Non contact
- Chatham midget "A" team requested to play in our league, just this year. Accepted in "BB" group.
- Reminded that all game changes need to be oked by each center rep. Can't just change.
- St Marys is not hosting all star games this year. Looking for someone to step up and host.
- potentially looking at midget team taking a picture of each game sheet and sending to center rep to forward to Dean to keep track of suspensions.
  - We have no carryover suspensions from last year
  - \$50.00 per team league fee. Same as last year.

## HOW TO IMPLEMENT 'GAME DAY'

DIVISION	INITIATION
Age	5-6 years old
Levels	House League; Local League
Coach Qualification	Coach 1 – Intro to Coach
Practice Format	Station-based Hockey Canada Initiation curriculum
Game Format – prior to Dec.1 <sup>st</sup>	Initiation Program Development Season Low Org / Modified Games
Game Format – after Dec.1 <sup>st</sup>	Cross-Ice / Half-Ice
Tournaments	Cross-Ice format Initiation Jamborees
Shift Length	Set Time/Buzzer
Officials	n/a
Coaches On-Ice during Games	Yes
Puck	Lightweight (4 oz.) Blue Puck
Nets	Small/Modified (Recommended/Not required)
Boards / Dividers / Bumpers	Recommended/Not required (Flexibility in what is used to create ice divisions)
Roster Size	Ideally 8 – 12, to a maximum of 19 Rostering requirements unchanged from 2016-2017 season
Number of Players on Ice	4V4 or 5V5
Goaltenders	Part-Time
Faceoffs	Start game/period
Score	No
Standings	No
Penalties	No
Offside/Icing	No
Policy Reference	OMHA Policy 2.3 – Program Below Novice

#### Attachment #4

Subject: Face Off for Mental Health Committee Meeting Notice

Thanks to those who were able to attend yesterday's meeting. Given the timelines I'm going to provide a quick summary of the some of the key items.

#### **Mental Health Education Sessions:**

Prior to mental health education sessions a media release will be sent out and a information package will be provided to each association (images for social media, stats graphics, etc.)

1. Bench staff – 2 training sessions will be offered in the evening during the week of Sept. 18<sup>th</sup>. One will be held in Pt. Edward and the other to be held in Petrolia. Times and locations will be confirmed shortly. Associations are being encouraged to have a minimum of one coach/bench staff representative for each team to attend. Others are welcome to join as well. It will be a 30 minute presentation followed by approx. 30 min. Q & A. All attendees will receive a certificate of attendance.
2. Teams/Players – On hold. We do not have resources to provide a presentation to each team. We will discuss options in future that may include a video project to support player education.
3. Parent Education – On hold. This can likely be done later in the season in both the county and Sarnia area.

#### **Face Off for Mental Health Day**

It became clear that trying to find one weekend that is likely to work for all associations is an impossible task. Instead, we will encourage each association to identify one weekend or day in **November** that they will recognize as their Face Off for Mental Health Day. All home teams will sport green hockey tape and we will attempt to have advertising in each arena.

St. Clair Child & Youth Services is exploring a partnership with a national crisis helpline for youth and hopes to have giveaways (mini-sticks, pucks, pins, etc.) to associations in support of the mental health theme.

Please speak with the executives for each association and let me know which day/weekend in **November** will be designated as your Face off for Mental Health Day.

## Attachment #5

### ELMHA Trainer's Duties and Responsibilities

- Implement an effective Risk Management program with your team that strives to prevent injuries and accidents before they happen.
- Assume a proactive role in identifying and minimizing or eliminating risks during all activities, and if ever in doubt, always err on the side of caution.
- Promote and reflect the values of Fair Play and strive to instill these values in all participants and others involved in amateur hockey.
- Ensure that all players are provided with meaningful opportunities and enjoyable experiences free from physical and/or emotional maltreatment.
- Conduct regular checks of players' equipment to ensure proper fit, protective quality and maintenance, and advise players and parents regarding the selection or replacement of equipment.
- Promote proper conditioning, warm-up, and cool down techniques as effective methods of injury prevention.
- Maintain accurate medical information files on all players and team officials and bring these to all team activities.
- Maintain a Player Injury Log.
- Maintain a fully stocked First Aid Kit and bring it to all team activities.
- Implement an effective Emergency Action Plan with your team and practice it regularly to ensure all involved understand their roles and are prepared to act promptly when an incident occurs.
- Recognize life-threatening and significant injuries, and be prepared to deal with serious injury.
- Manage minor injuries according to basic injury management principles and refer players to medical professionals when necessary.
- Recognize injuries that require a player to be removed from action. Refer players to medical professionals and coordinate return to play.
- Promote a healthy lifestyle with all hockey participants by being a good role model and by educating participants regarding hygiene, performance-enhancing substances, drug and alcohol abuse, nutrition and hydration.
- Facilitate communication with players, coaches, parents, physicians, therapists, paramedical personnel, officials and other volunteers regarding safety, injury prevention and player's health status.
- Act as a Hockey Trainer for both your team and your opponents if only one Hockey Trainer is present.
- Manage concussions with Dr. Hurley utilizing the CCM App and notifying the Head Trainer



## Attachment #6

### ELMHA Trainer's Guide for Removing Players and Returning to Play

A player should be removed from play anytime a trainer or coach observes a player who is unable to participate at their usual skill level after sustaining an injury, or if they demonstrate the same diminishing level of skill due to a high fever or illness.

They should be directed to the proper medical authority if necessary.

Caution should always be used and discussed among your staff when a decision needs to be made.

Remember that your primary goal is not to make a decision, but to ensure the safety of the player at all times.

In the event that you do decide to remove a player, the appropriate form should be filled out. At very minimum a team log should be filled out every time a player is removed from play. Should there be an injury that requires the attention of a healthcare professional then you would need to fill out the Hockey Canada Injury Report and ideally it would be sent with the player to have the attending physician fill out their portion at the initial appointment. (Note this is why It's best to keep at least one HCIR form in your trainers bag at all times) It can also be beneficial to carry a Return-to-Play form as well, as a visit to the physician may result in the player's clearance, or clearance with considerations/restrictions, and could start the ball rolling towards returning to play.

If in doubt of a serious injury, use common sense and direct parents to seek medical attention. Clearly communicate to the parent that the player is not allowed to return without medical permission. Obtain a note before return-to-play.

#### NOTE;

With respect to players returning to play, muscular and skeletal injuries (excluding fractures) can be signed off by physicians, chiropractors, physiotherapists or nurse practitioners.

Fractures as well as all neurological injuries including spinal injuries and concussions must be signed off by a physician.

(Note this does not pertain to Hockey Canada Injury report Form related to the insurance program. This will still need to be completed by a physician or a dentist if a dental injury)

Meaning, the HCIR still needs to be filled out initially. Once Return-to-Play is initiated, we will require a note before the player skates in a practice situation.